

THE CONGRESS HEADQUARTERS.

The Congress Headquarters were located in a handsome building at Nikolaigatan 9, and here delegates and others registered as members. Each received a neat green case inscribed with her name, containing armband, Congress Badge, programmes, and invitation cards.

There were also different rosettes and ribbons for special officers, the meaning of which was inscribed in the programme, so that all might know their significance.

Meaning of Congress Colours.

1.—Gold rosette, Founder.

2.—Silver rosette, Hon. Presidents.

3.—Silver ribbon, Councillors.

4.—Yellow and white ribbon, Officers.

5.—Blue ribbon, Vice-Presidents.

6.—Yellow ribbon, Hon. Vice-Presidents.

7.—White ribbon, Delegates.

8.—Purple ribbon, Fraternal Delegates.

A green rosette with a white button indicated a worker at Congress Headquarters, and different rosettes signified members of the following Committees. Exhibition, Lodgings, Meals, Order, Local Programme, Propaganda, Publication, Sight-seeing, Travelling.

On all sides there was evidence that every detail had been carefully considered and arranged, and, consequently there was no confusion or mistakes, everyone was treated with the greatest courtesy, and received what was due to her as a registered member of Congress.

At Headquarters were held the meetings of the Executive Committee and the Grand Council, and the Round Table Conferences; the Exhibition occupied two floors.

The Official Information Bureau was on the ground floor, as well as the Travel Office, and a Restaurant where light refreshments were served.

All General Sessions of the Congress were held in the National Theatre.

THE CONGRESS RESTAURANT.

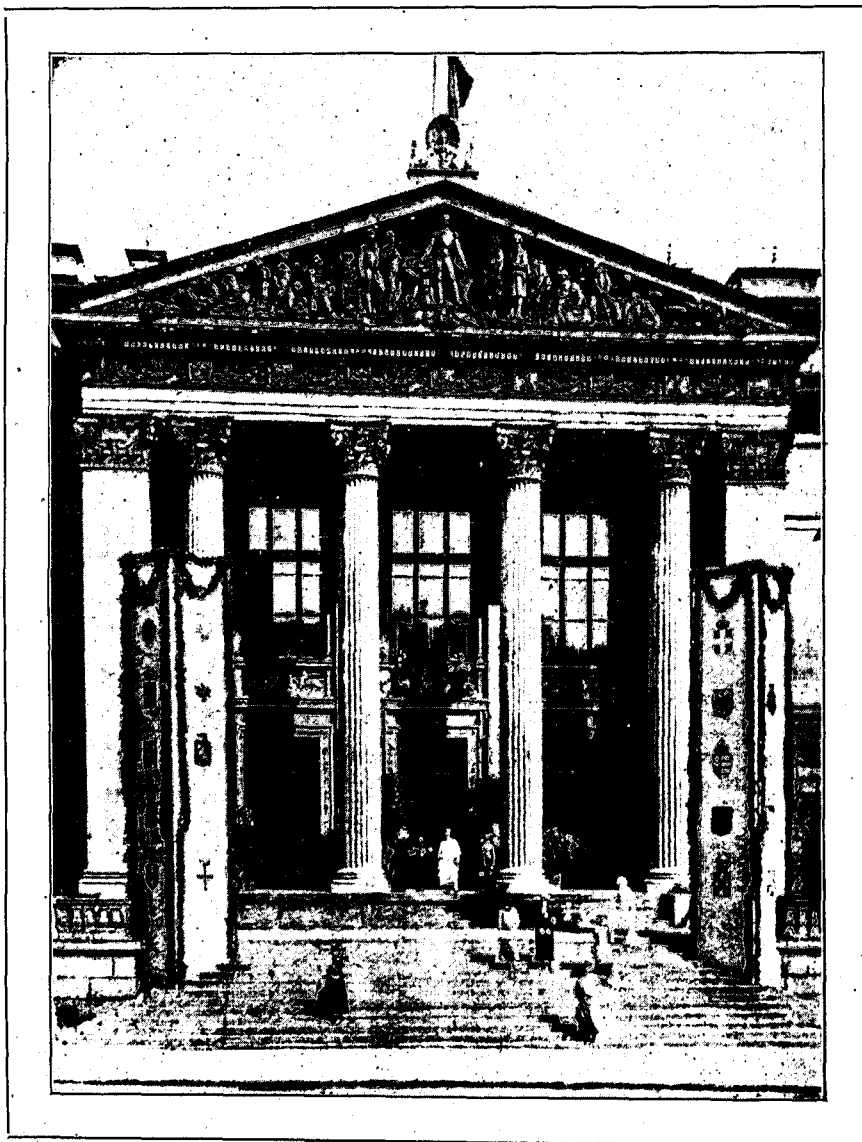
A highly-appreciated arrangement for the comfort of the Members of Congress, was the Congress Restaurant, a Students' Club House, at Alexandersgaten 23, Helsingfors. All visitors to the Congress were urged to use this Restaurant but, from its appearance at meal times, they needed no urging. Why should they, indeed, when an excellent lunch unlimited in amount, including non-alcoholic drinks (Finland is a prohibition country) worked out at about 1s. 3d.

in English money, and dinner at very little more. The Committee on Meals are greatly to be congratulated on the satisfactory arrangements. Ices were also provided.

FINLANDIA.

It was a happy thought, for the visitors who went to Helsingfors for the Congress, which led to the arrangement to have views of Finland put on the film at the Kino Palats on the afternoon preceding the Congress and large numbers of those who had arrived, took advantage of the invitation to see this film specially put on for their benefit. It gave a very delightful impression of this "Land of a Thousand Lakes," which lies somewhat outside the beaten track of the ordinary European globe trotter. Sunny pastoral scenes, great woods of pine or beech, and water reflecting all the quiet beauty of this pleasant country.

gave an impression that, after all, we had not travelled so very far from England. We liked, too, the pictures showing the quaint national costumes peculiar to the different districts of Finland, and the pretty interiors gave reality to passages in the Kalevala, which we had been careful to read before setting out on our sojourn to the land of the Finns. The pictures of the Infant Welfare centres which followed, gave a striking impression of the efficiency of this department of Public Health Work in Finland, and inspired some to make a closer acquaintance with the various centres later in the week, before leaving for home.



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